Afterschool Heals Tennessee  
Sample Email Message

*Use this email template to share so safe use and storage messages for employees. Feel free to add images, graphics, or other information to best fit your company brand.*

**Subject Line:** *Safe Use, Storage and Disposal of Medications*

Dear [Company] Employees,

In response to the opioid epidemic that is hitting our state, communities, and families, we wanted to share these resources with you. Please take a moment to review these materials and think about how you can protect your loved ones from substance abuse disorder.

**Safe Use**

Did you know it only takes 5 days to get addicted to opioids?

If a doctor recommends opioids to you or a loved one, ask these 12 Questions provided by [ShatterProof.org](http://shatterproof.prod.acquia-sites.com/sites/default/files/2018-01/12-Questions-Before-Taking-Opioids_0.pdf).

**Safe Storage**

Keep medications out of reach of children and pets. [UPandAway.org](https://www.upandaway.org) has resources on safe storage for parents.

It is best to keep medications in a locked medicine cabinet or storage container. Unused medications around the home are a risk of accidental poisoning. Call the Tennessee Poison Center if you have questions about accidental poisonings. Help is available 24/7, and calls are free of charge and confidential.

Save the Tennessee Poison Center phone number into your phone now: 1-800-222-1222.

**Safe Disposal**

Are you holding on to medications “just in case”? It is neither safe nor legal to share prescription medications. Gather any unused or expired medications and find a nearby drop box location on <https://countitlockitdropit.org/>.